



**Crown Bay Marina** - 340.776.8555

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**Gourmet@gourmetgallery.net**

**www. GourmetGallery.net**

## Groceries

We offer the most complete selection of groceries available in St. Thomas, U.S. Virgin Islands. Just look at all we have in stock!

## Chocolates, Confections, Cookies

*"What you see before you, my friend, is the result of a lifetime of chocolate..."—Katherine Hepburn*

### Chocolates/Confections

*Looking for that perfect "Good Night" chocolate for the pillows? Creamy smooth butterscotch to quell seasickness? Or, tropical-flavored jellybeans just for fun? Check out our Virgin Islands groceries department!*

- **After Eight**
- **Botticelli**
- **Cadbury**
- **Callard and Bowser**
- **Ferrero Rocher**
- **Ghiradelli**
- **Godiva**
- **Guylain**
- **Harry London**
- **Lindt**
- **Mr. Kiplings**
- **Perugina**
- **Raffaello**
- **Ritter Sport**
- **Scharfenberger**
- **Sugar Free**
- **Toblerone**
- **Tortuga Rum Cakes**
- **Go Lightly**
- **Valor**
- **Villars**
- **Chocolate Espresso Beans**



# Cookies

*"A balanced diet is a cookie in each hand."*®Unknown

- Armaretti
- Annie's
- Bahlsen
- Carrs
- Caprice
- Dare
- Delacre
- Destrooper
- Ladyfingers
- Nabisco
- Pepperidge Farms
- Pirolines
- Walker's Shortbread



## Coffee, Tea & Accessories

*"Without my morning coffee I'm just like a dried up piece of roast goat."*®Johann Sebastian Back (1685 - 1750) 'The coffee Cantana'

Add zip to your morning with a sip of one of the coffees in our groceries department from around the world. Whole Beans? Already ground? Coffee makers? Filter papers? Mugs? We'll soothe you at teatime too! Herbal? Green? Teapots? Tea strainers? Check out the complete selection in our Virgin Islands groceries department.

### Coffee

- Bulk coffee: 15 varieties, including 5 flavored varieties
- Packaged
  - Starbucks
  - Jamaica Blue Mountain
- Ground
  - Bustello
  - Illy Cafe
  - Lavazza
  - Medaglia D'Oro
  - Cafe Molindo, Santo Domingo
  - More!



### Tea

*"Tea ready to be drunk, yellowish golden tea in glasses with silver saucers, gives off a soothing fragrance."*—Rainer Maria Rilke (1875 - 1926)

- Melitta Coffee Filters and Pots
- Filters
- Carafes, Thermal Carafes
- Travel Mugs
- French Press Pots
- Caffetiera Espresso Makers, Stove-Top
- Caffè 'Froth' Maker
- French Brown and White Sugar Cubes



## Crackers/Snack Foods/Potato Chips

*Go grocery gourmet! How about whole grain or seeded flat breads for cheese or tropical root vegetable chips for our homemade hummus dip? Go everyday groceries! Potato chips and onion dip, we have it! Popcorn, pretzels and peanuts too. Even pink marshmallow fluff for that 60's favorite - the fluffer nutter! You'll find them all in our Virgin Islands groceries department!*

### Crackers

- Akmak
- Carrs
- Kalvi
- Kame
- New York Flat
- Jos Poell
- Melba Toasts
- NY Flat Bread
- Stoned Wheat
- Grissini
- Old London
- Red Oval
- Ritz
- Sesmark
- Nabisco Crackers
- Wasa
- J.W. Macy Cheese Sticks

### Snack Foods

- Dirty Chips
- Kettle Chips
- Lays
- Terra Chips
- Sun Chips
- Snyder's of Hanover
- Deep River
- Bistro Chips
- Boulder Canyon

### Snacks

*"No man in the world has more courage than the man who can stop after eating one peanut."—Channing Pollock, American playwright and critic*

- Pretzels
- Popcorn
- Dried Fruits & Nuts
- Nutrition Bars
- Marmite
- Fluff

# Jams/Jellys/Syrups/Honey

“Bachelor’s fare: bread and jam, and kisses.”—Jonathan Swift (1667 - 1745)

*Nothing goes sweeter on your croissant than some heavenly jam or a spot of jelly. And we have selections in our groceries department from around the World! And syrups for your pancakes and French Toast too! You’ll find them all in our Virgin Islands groceries department!*

## Jams/Jellys

- Bonne Maman
- Busha Browne’s
- Dundee Marmalades
- Scott’s
- Smucker’s
- Trappist
- Wine Jellies
- Hero
- Rose’s
- St. Dalfour

## Syrups

- Four Monks
- Karo
- Molasses
- Pure Maple Syrup
- Monin
- 1883 Syrups

## Honey

- Sahadi
- Sue Bee
- Savannah Bee Company
- Attiki
- Langnese
- Leatherwood
- Wee Bee
- Mymoune



# Oils

*“Italians...seem never to die. They eat olive oil all day long...and that’s what does it.”—William Kenned*

A selection to rival any groceries department anywhere: Olive, Walnut, Hazelnut, Sesame and Avocado, to name a few. Need Wesson for everyday use, we’ve got that too!

- Bertoli
- California Natural
- Colavita
- Consorzio
- Crisco
- Fini
- Gaea
- Hermes Pomace Oil
- International Collection by Krinos
- Loriva
- Morea
- “O”
- Organic
- Pompeian
- Roland
- Ybara

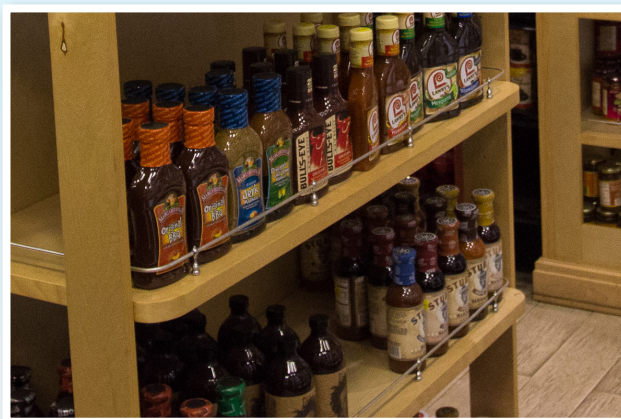
Flavored Oils including Truffle and herb infused Oils

- **Umbrian**
- **Pam**
- **Wesson**

## **Vinegars**

Choose from White and Red wine vinegars, Sherry wine, Balsamic and Raspberry; Apple Cider and white distilled. We've got them all in our groceries department!

- **Balsamic, various ages**
- **Colavita**
- **Cuisine Perel**
- **Delouis**
- **Duke of Modena Balsamic**
- **Holland House**
- **La Marne**
- **La Posada**
- **Morea**
- **Progresso**
- **Roland**
- **Monari & Federzoni**
- **Fibanaci Balsamic**
- **Chinese and Earl Grey Tea Vinegars**



## **Mustards & Mayonnaise**

*"A tale without love is like beef without mustard."—Anatole France, French author*  
*From the ordinary to the extraordinary, we carry everything from hot to spicy, French, German and American, you'll find them all in our Virgin Islands groceries department.*

- **American**
- **Amora**
- **Chalif**
- **Coleman's**
- **French's**
- **Grey Poupon**
- **Gulden's**
- **Helleman's**
- **Honeycup**
- **Inglehoffer**
- **Maille**
- **Nances**
- **Napa Valley**
- **Ojai Cook**
- **Old Spice**
- **Roland**
- **Zatarin's**

# Peppers/Pickles/Olives/Chutneys/Relishes

“On a hot day in Virginia, I know nothing more comforting than a fine spiced pickle, brought up trout-like from the sparkling depths of the aromatic jar below the stairs of Aunt Sally’s cellar.”—Thomas Jefferson

## **Pickles & Peppers**

- Barral
- Capers
- Cornichons
- Dried peppers
- Goya
- Green peppercorns
- Heinz
- Hogue Farms
- Krinos
- Lindsay
- Morea
- Peloponnese
- Piquillo peppers
- Roland
- Santa Barbara
- Tom
- Vigo
- Vlastic
- Inpa Grilled Eggplant, Zucchini, Antipasto, Red and Yellow Roasted Peppers

## **Olives**

“Except the vine, there is no plant which bears a fruit of as great importance as the olive.”—Pliny (AD 23 - 79)

- Krinos
- Roland
- Goya
- Morea
- Gaea
- Lindsay
- Barral
- Peloponnese, Santa Barbara Olive Company

# Spreads/Tapaenades/Pesto/Bruschetta

- Crespi
- Gaea
- Morea
- Peloponnese
- Cream Porcini
- Hand to Mouth
- Bella Famiglia
- Mantova
- Artichoke

## Chutney/Relish

*"Chutney is marvelous. I'm mad about it. To me, it's very imperial."*

—Diana Vreeland (1903 - 1989)

- Branston
- Patak's
- Poonjiajis
- Roland
- Sharwoods
- Sun Brand

## Salad Dressings

*"It takes four men to dress a salad: a wise man for the salt, a madman for the pepper, a miser for the vinegar, and a spendthrift for the oil."*—Anonymous

*When you really don't want to make your own, we feature the best of the bottled in our groceries department!*

- Annie's Natural
- Annie's Original
- Blanchard and Blanchard
- Brianna's
- Cardini
- Consozio
- Girards
- Good Seasonings dry mixes
- Ken's
- Kraft
- Newman's Own
- Wishbone

## Spices/Hot Sauce

*Where would we be without salt?"*—James Beard (1903 - 1985)

*Let us spice up your life! Cajun, Creole, Caribbean and more! We also have a complete line of dried herbs and spices too in our Virgin Islands groceries department!*

- Cajun Magic, Paul Prodhome
- Excell
- Knott's
- Krazy Jane's (Salt & Peppers)
- Mrs. Dash
- Spice Hunter
- Spice Island, full line
- Urban Accent
- Vann's Spices full line
- Zatarin's Creole Seasonings

## Salt

- Light Salt and Salt Replacements
- Maldon
- Morton's
- David's Kosher
- Murray River
- Alder Smoked
- Peruvian Pink
- Cerulean Seas
- Fleur de Sel
- Sel Gris

## Hot Sauces

*"De best peppa sauce, is de one das burns a hole in de tablecloth."*—Old West Indian saying

*Ready to breath fire? Or, simply add an extra zip to your dish? The Most Unique, Complete Selection of Hot Sauces in the Virgin Islands in our groceries department.*

### Hot

- Bellow Special Pepper Sauce Picante
- Green Mountain Gringo Sauce
- Jamaican Pickappa Sauce
- La Victoria Mild Green Taco Sauce
- Melinda's Garlic Hot Sauce
- Melinda's Manto Hot Sauce
- Valley of Mexico Fire Roasted Salsa (mild)

## Hotter

- Busha Browne Pukka Sauce
- Busha Browne Spicy Jerk Seasoning
- Caribbean Gourmet Chicken Wing Sauce
- Casa Fiesta Jalapeno Pepper Sauce
- Desert Pepper Salsa Del Rio
- Jardin'es Chipolte Salsa
- Jeerome's Hot Sauce - Made in St. Thomas
- La Victoria Hot Salsa Bravo
- Matouk Flambeau Sauce Salsa
- Maui Mountain Tropical-Style Hot
- Teriyaki Sace
- Melinda's Extra Hot Sauce
- Miss Anna's Hot Sauce - Made in St. Croix
- Susie's Original Hot Sauce
- Try Me Tiger Sauce

## Hottest

- Try Me Dragon Sauce
- La Victoria Extra Hot Sauce
- Matouk Hot Salsa Picante
- Susie's Calypso Hot Sauce
- Susie's Hot Sauce Tear Drops
- Melinda's XXXtra Hot Sauce
- Melinda's XXXX Reserve Hot Sauce
- Tropical Pepper Co XXXhot Habenero Sauce
- Desert Pepper Fire Roasted Habanero Salsa
- Tropical Peppeer Co XXtra Hot Habenero Sauce

# ***Pasta/Rice/Couscous***

*"Life is a combination of magic and pasta."—Fellini*

*Our grains are a global gourmmet's delight! Rice from Italy to Japan, with pastas in all shapes, sizes and savory flavors. Even authentic large grain couscous for the perfect salad in our Virgin Islands groceries department!*

## Rice/Couscous

- Arborio
- Basmati
- Carnaroli
- Casbah
- Farro
- Jasmine
- Lundberg
- Mahatma
- Near East
- Qinoa Red and Black
- Texmati
- Tilda's
- Tokyo Rose
- Uncle Ben's
- Vigo
- Voyager
- Whole Wheat
- Zatarins



## **Pasta**

*"No man is lonely eating spaghetti; it requires so much attention."—Christopher Morley*

- **Al Dente**
- **Anna**
- **Barilla**
- **Black Forest**
- **Bella Italia**
- **Cipriani**
- **Colavita**
- **DeCecco**
- **De Lallo**
- **Don Bruno**
- **Ferrara**
- **Fusco**
- **Garofalo**
- **Millianas**
- **Pastaficio del Colle**
- **Quinoa**
- **Rao's**
- **Spaetzle**
- **Torino**

## **Spreads/Tapaenades/Pesto/Bruschetta**

### **Chinese, Thai, Japanese & Indonesian Products**

*"(In Canton) the Chinese fondness for snacks and small eats reaches a kind of apotheosis."—E.N. Anderson, quoted in Ken Hom's 'The Taste of China'*

*We stock the most extensive and complete line of Asian Products—Sauces, Seasonings, Spices and more—this side of the Pacific!*

- **Asian Gourmet**
- **Kame**
- **Kikkoman**
- **LeeKumKee**
- **Nakaro**
- **Roland**
- **San-J Tsang**
- **Sushi Chef**
- **Taste of Thai**
- **Thai Kitchen**
- **Tsang**
- **Wanjashan**
- **Agar**
- **Almond Cookies**
- **Dried Shrimp**
- **Miso Paste**
- **Panko Bread Crumbs**
- **Prawn Crackers**
- **Rice Paper**
- **Shrimp Paste**
- **Black Vinegar**

### **Mexican Foods**

*Chile today, hot tamale. We have everything you need to create a bit of Mexico here in the Virgin Islands—tortillas, hot sauce, dried peppers right here in our groceries department!*

## English Products

*"To eat well in England you should have breakfast three times a day."*

—W. Somerset Maugham

- Frontera
- Green Mountain
- La Costena
- La Victoria
- Masa Harina
- Old El Paso
- Pace
- Valley of Mexico
- Adobo
- Chipotle
- Corn Husks
- Desert Pepper
- Chili Peppers, dried and ground
- Tomatillos
- Tumaros fresh tortillas and wraps
- Tyson Fresh Tortillas

- Crackers
- McVites
- Jacob's Chocolate
- Norfolk Manor Pickled Onions, Piccalilli
- Hein Salad Cream
- Preserves; Duerr's
- Horseradish Sauce

## General Grocery/Canned Goods/Fruits/Vegetables/Soups

*"My kids always perceived the backyard as a place where you wait it out until all the groceries are unloaded from the car."*—Erma Bombeck

Everything good in a can from sea to shore in our Virgin Islands groceries department! Starters like soups and smoked fish, sauces like tomato and alfredo, side dish veggies and sweet ending desserts such as exotic fruits—Lynchees, Kadota Figs and Lingon Berries.

## Spaghetti Sauce

*"Hungry is a mighty fine sauce."*—Southern folk saying

- Classico
- Newman's Own
- Patsy's
- Pomi
- Prego
- Rao's
- Ferrara
- Lucini
- Bella Famiglia
- Cucina Antica
- Bertoli

## Tomato Products

*"A world without tomatoes is like a string quartet without violins."*—Laurie Colwin, *Home Cooking*

- Heinz
- San Marzano
- Pomi
- Progresso

# Vegetables

- Artichoke Hearts, Bottoms
- Hearts of Palm
- Asparagus, Green, White, Tips, Spears
- Spinach
- Zucchini
- Green Beans
- Peas & Carrots
- Sweet Peas
- Yams
- Potatoes, Whole
- Corn, Baby, Cut
- Beets
- Lima Beans
- Mushrooms, Sliced, Whole, Button, Marinated



# Fruit

*“Figs are restorative and the best food that can be taken by those who are brought low by long sickness...professed wrestlers and champions were in times past fed with figs.”—Pliny, Roman naturalist, (AD 23 - 79)*

- Papayas
- Mangos
- Lychees
- Kiwis
- Pears
- Oranges, Mandarin
- Pineapple
- Apricots
- Fruit Cocktail
- Peaches
- Lingon Berries
- Kadota Figs
- Blackberries
- Strawberries
- Blueberries
- Cherries
- Rambutin
- Rutherford & Meyer Fig Fruit Paste
- Rutherford & Meyer Quince Paste



# Meats

*“The thought of eating snails conjures up all kinds of weird mental pictures. This state of mind doesn’t last for long upon seeing how snails are prepared in Burgundy. We then realize how corrupt our mental picture of this delicacy was.”—Leon Kafka (1951) Paris New Post*

- Pates
- Corned Beef Hash
- Vienna Sausage
- Chicken
- Snails
- Duck Liver
- Goose Liver, Foie Gras



# Seafood

*“You needn’t tell me that a man who doesn’t love oysters and asparagus and good wines has got a soul, or a stomach either. He’s simply got the instinct for being unhappy.”—’Saki’, pen name of Scottish writer Hector Hugh Munro (1870 - 1916)*

- Crab
- Mussels, Smoked Mussels
- Oysters, Smoked Oysters
- Clams, Smoked Clams
- Salmon
- Tuna
- Sardines
- Anchovies

# Soups

*“It [soup] breathes reassurance, it offers consolation; after a weary day it promotes sociability... There is nothing like a bowl of hot soup, it’s wisp of aromatic steam teasing the nostrils into quivering anticipation.”*

*—Louis P. DeGouy, Waldorf-Astoria chef, The Soup Book (1949)*

- Campbell’s
- Knorr
- Swansons
- Dominiques
- Progresso
- Healthy Choice

## ***Breakfast Cereals/Toaster Items***

- **General Foods**
- **Post**
- **Nabisco**
- **Pillsbury**

## ***Housewares/Kitchen Gadgets***

*“Cut round on the top near to the outer edge with a chisel and hammer.”—Directions on a can of roast veal (1824)*

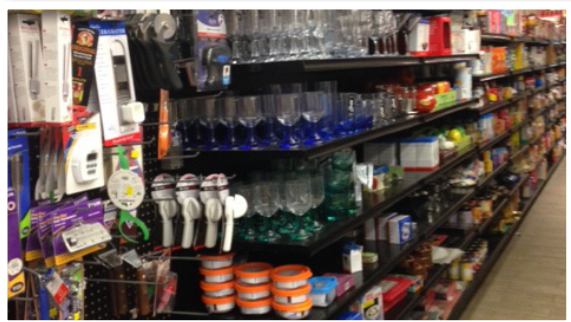
We've got gadgets galore, kitchen helpers and fancy glassware—to name a few. Look what we can help you with from our Virgin Islands groceries department:

- **Pastry Bags**
- **Parchment**
- **Paper**
- **Garni Bags**
- **Garlic Presses**
- **Zesters**
- **Cheese Cloth**
- **Wooden Spoons**
- **Terra Cotta Crockery**
- **Plastic non-disposable glasses, wine glasses, highball glasses**
- **Knives**
- **Cork Screws, Waiter's Friend**
- **Instant Read and Oven**

### **Thermometers**

- **Measuring Cups/Spoons**
- **Scissors**
- **Straws**
- **Basters/Peelers**
- **Can Openers**
- **Timers**

- **Cheese 'Planes'**
  - **Spatulas**
  - **Strainers/Sieves**
  - **Skewers**
  - **Whisks**
  - **Tongs**
  - **Candles**
  - **Pyrex Bakeware**
  - **Porcelain Bowls, Ramekins, Quiche Pans, Mugs, Teapots**
  - **Melitta Coffee Filters and Pots**
  - **Filters**
  - **Carafes, Thermal Carafes**
  - **Travel Mugs**
  - **French Press Pots**
  - **Caffetiera Espresso Makers,**
- ### **Stove-Top**
- **Caffe 'Froth' Maker**
  - **French Brown and White Sugar Cubes**



# ***Paper/Plastic/Disposable Dinnerware/ Utensils***

*“The two-pronged fork is used in northern Europe. The English are armed with steel tridents with ivory handles—three-pronged forks—but in France, we have the four-pronged fork, the height of civilization.”—E. Briffault, Paris a Table (1846)*

- **Napkins**
- **Paper Towels**
- **Kleenex**
- **Toilet Tissue**
- **Moiste Towlettes**
- **Trash Bags**
- **Dinnerware**
- **Utensils**
- **Cups**
- **Glasses**

## ***Cleaning Products***

*“We are living in a world today where lemonade is made from artificial flavors and furniture polish is made from real lemons.”—Alfred E. Newman*

*Whatever your cleaning chore, we have the cleansers and sponges, cloths and brushes to do the job!*

- **Easy Off Oven Cleaner**
- **Easy Off Microwave Oven Cleaner**
- **Murphy’s Oil Soap**
- **Scouring Pads**
- **Upholstery Cleaners**
- **Metal Polish**
- **Glass Cleaner**
- **Stain Removers**
- **Sponges**
- **Floor Cleaners**
- **Spray Fresheners**